

Buckner Retirement Services Weekly Update
July 28, 2020

Dear Buckner Residents and Families,

This week I thought I would give you a break from a long letter from me and hand the reigns over to a dear friend of Buckner, Dr. Tyler Cooper, the president and CEO of Cooper Aerobics in Dallas.

In case you're not familiar with Dr. Cooper, he is the son of Dr. Kenneth Cooper, the founder of Cooper Aerobics and the Cooper Institute and the creator of aerobics. Both father and son are extremely intelligent and talented physicians, and we are proud to work with them through our health and wellness collaboration with Ventana.

Dr. Tyler Cooper took some time to create an informative video discussing the science behind the coronavirus and ways to reduce transmission. To watch, visit <https://vimeo.com/437988586>. The password is **CWS2020!** – make sure to include the exclamation mark.

I strongly urge you to watch this video because the better we are educated on prevention, the better we can all look out for each other.

For daily updates of all PUIs and cases, please continue to visit the BRS website (www.BucknerRetirement.org) for our community tracker and timelines, as well as our lists of [Frequently Asked Questions](#) (FAQ) for your reference –you may also call 855-754-3338 with questions at any time.

Thank you for your trust, patience and support.

Sincerely,
Charlie Wilson
Senior Vice President
Buckner Retirement Services