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MEMORANDUM

To: Residents and Family
From: Brian Robbins, Vice President & COO
Date: September 2, 2021
Re: Continued Vigilance During the Pandemic

We are continuing to see an increase in positive cases for COVID-19 across Texas and within our communities. Many local hospitals are completely full and turning away people. Because of this, I urge everyone to stay vigilant when it comes to health and safety best practices, as well as being self-aware for possible symptoms.

Many of the current positive cases we are seeing due to the delta variant are preceded by GI symptoms. The CDC also warns of a wide range of symptoms including, fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea. Additional symptoms can be found at [CDC.gov](https://www.cdc.gov).

If you are experiencing any of these symptoms, please isolate yourself in your apartment and contact your physician for their guidance. If you test positive, please alert our associates.

You can also help mitigate the risk of infection or unknowingly transmitting it to others by following the below best practices regardless of vaccination status:

- Wear masks in indoor common areas will greatly help reduce the spread of any germs and viruses (masks are still required for associates and guests).
- Wear masks in enclosed spaces, especially on the bus.
- Practice social distancing when possible while participating in activities and in common areas.
- Practice social distancing in the dining rooms and limit the number of people at a table.
- Wash your hands and use hand sanitizer often.
- Isolate in your room if you have been knowingly exposed to a COVID-positive person.
- Isolate in your room if you are experiencing any symptoms, such as a fever of 99.6 or greater, cough, shortness of breath, and fatigue. And alert your physician.

- Limit guests to your apartment as much as possible. If you and your guests want to dine together during their visit, consider bringing to-go meals back to your apartment.

Again, these are all tried and true safety factors and suggestions based off CDC recommendations that will help limit potential exposure and the chances for breakthrough cases of the delta variant.

You may call 855-754-3338 with questions at any time. Also, please continue to visit the BRS website (www.BucknerRetirement.org) for a daily tracker of any PUIs or positive cases our community may have.

Thank you for your patience and understanding during this unprecedented time.

Please share this information with family members.