

WHAT SENIOR LIVING RESIDENTS THINK OF THE CORONAVIRUS PANDEMIC

Data was collected in May 2020 from 140 senior adults residing at six different Buckner Retirement Services communities in Texas.



Keeping their distance



AGREE WITH SENIOR LIVING COMMUNITY VISITOR RESTRICTIONS AND SOCIAL DISTANCING



Cozy up with a good book or chatting with friends and family

74%

SPEND MOST OF THEIR TIME DURING THE PANDEMIC



63% are on calls



Grabbing a quick shut eye

29%

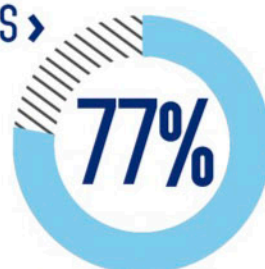
LIST NAPPING AS A TOP PASTIME



Family, Church, Food

THE MAJORITY OF SENIORS LIST FAMILY VISITS AS WHAT THEY MISS MOST.

56% miss going to church, and 54% miss group dining



How seniors are staying connected:

99% PHONE CALLS | 57% TEXT MESSAGES | 49% EMAILS | 43% VIDEO CALLS | 21% SOCIAL MEDIA | 21% PAPER MAIL

Never underestimate the power of a hug



MISS HUGS THE MOST



15-30 minutes per day IS THE SWEET SPOT FOR CONNECTING WITH FAMILY



Seniors are thankful for:

69% CALLS WITH FAMILY | 64% THEIR HEALTH | 54% SENIOR LIVING STAFF

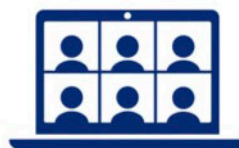
Only 9% are thankful for toilet paper; #Blessed



Getting the hang of technology

55%

OF SENIORS NEVER USED A VIDEO CALL PLATFORM BEFORE THE PANDEMIC



52% plan to keep using it post-pandemic



What a pain!

73%

PICK NOT HAVING VISITORS AS ONE OF THE BIGGEST INCONVENIENCES

55% find masks inconvenient; 54% want their group activities back